

Verbatim

adjective | ver-ba-tim | 축어적으로 | literalmente | 逐字 | дослівно | 逐語的 | คำต่อคำ | 文字通り
Being in or following the exact words: word-for-word, word-to-word // A verbatim report of life at Cardigan.

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Vol V, Issue #4

AUGERE VIRTUTEM - DIRIGERE MENTEM

Tuesday, November 14, 2022

FALL FITNESS DAY!

Reporter: Andrew Yu



Photo by Smugmug.

On November 8, 2022, Cardigan's annual fitness day took place. Fitness day usually occurs after the end of the fall sports season. On fitness day, the student-athletes record their results from different workouts. The students were grouped by sports teams, rotating through the nine different workout stations each round. It's a day of not just testing ourselves on our current abilities, but also seeing the improvements that we made over time.

According to a student survey, 83 percent (71 individuals) out of 85 respondents said that they all set one or more goals for themselves before the fitness day. Among the people who set their goals, push-ups were the most popular goal (51 people). It was followed by sit-ups (35), pull-ups (34), and pistol squats (26). For the question that asked whether people have achieved or have not achieved their goals, more than 60% of students replied that they achieved their goal at least more than half of the many goals they set. Furthermore, over 65% of students answered that they were satisfied with their overall performance. Despite some of them not achieving their goal, it seemed that they learned their weakness and felt good about the fact that they made it through. Lastly, to the question that asked whether the fitness day was helpful or not, nearly 80% of students said it was really helpful. Some comments said there was "a lot of waitings before the next stations", and it was "tiring to have a fitness day right after the lake run", but overall, it can't be denied that the fall fitness day was a really good chance for the students to push themselves and overcome their limits.

LAKE RUN 2022

Reporter: Fountain Whitaker

The lake run is an annual tradition that has been practiced here on the Point since 1951. It is a chance for our community to push themselves and others. A school-wide survey told us that the majority of people set goals for themselves. Among the people who set goals, about 70% achieved them. The amount of participation is in part due to Ms. Ford's inspirational speech. Nate Watson won the lake run for the students with Asher Frankel right on his tail. Cole Longfield was ranked third place among the students. Mr. Burnett and Mr. Nowak were neck and neck for most of the race but in the end, Mr. Burnett took first overall.

WHAT WOULD YOU DO WITH 2 BILLION DOLLARS

Reporter: Noah Humphrey



Photo by CNBC. Credit: Tayfun Coskun, via Getty Images.

One lucky person on Monday won the record-setting Powerball jackpot worth over 2 Billion dollars. The winning

ticket was sold at Joe's Service Center in California. The fortunate winner has two options, he/she could take the lump sum of right around 990 Million. Or the winner could take the annuity payout over a 30-year period. Financial experts say that it is smarter to take the lump sum. Reports say that you can go through a sea of emotions every year expecting the check from the state. Experts also say if the money is put in the right places it could in theory support 100 generations of your family. Lottery officials put out a report saying the odds of winning were around 1 in 292.2 Million. In other words, if you flip a coin 35 times and it lands on heads every time then you should probably play the lottery. So what would you do with the \$2 billion, give it away to charity, splurge on expensive items or invest it?

MIDTERM MADNESS

Reporter: Terry Langetieg

On the 8th of November, the Midterm elections took place. The midterm election is an election for $\frac{1}{3}$ of the Senate and the entire House of Representatives that occurs every even-numbered year. The candidates then make up Congress, the legislative body of the United States Government. Voting for midterm elections occurred the last Tuesday, but the results still need to be finished. Leading up to the election, there have been a lot of issues that have impacted decisions. President Biden's approval rating has hovered around 40%, which is relatively lower than previous presidents. The party of the sitting President usually performs poorly at the midterm as well. People have been frustrated with inflation and the economy. A few months ago, experts believed that Republicans might overwhelmingly win the midterm elections and sweep to majorities in the House of Representatives and Senate. Issues like abortion and women's rights changed that. Former President Trump has also been a figure of frustration and confusion for the Republican Party. He has created division in the Republican Party and alienated important independent voters.

With the final results still being counted, it looks as though Republicans will take back the House of Representatives in this midterm election. They need 218 seats to take control and are currently at 212.

The U.S. Senate race was tight, with 50 Democrats and 49 Republicans in projected seats. Just over the weekend, Arizona and Nevada went for the Democrats. We still need to find out who the new Senator will be from Georgia. Georgia will be a runoff because incumbent Democrat Raphael Warnock and Republican candidate Herschel Walker failed to win more than 50% of the votes. In New Hampshire, incumbent Republican Governor Chris Sununu won comfortably. Republicans hoped to take the House and Senate in New Hampshire, but the Democrats won every open seat. Maggie Hassan remains as Senator, and Chris Pappas and Ann Kuster kept their seats in the House. Jeane Shaheen was not up for midterm reelection. The results prove that New Hampshire is a state that votes on issues rather than partisan politics.