

Verbatim

adjective | ver·ba·tim | 축 어적으로 | literalmente | 逐字 | doslovně | 逐語的 | từng tiếng một
: being in or following the exact words : WORD-FOR-WORD
// a verbatim report of life at Cardigan

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AUGERE VIRTUTEM-DIRIGERE MENTEM

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A Band's Dream, Unity and its Eventual Evolution

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The Band is not something that's homework or required. We wouldn't be here if we didn't want to and that aspect makes sure everyone doing it is committed. -Jack Armstrong, Wingnuts Drummer

How did Jimmy Wu and the Wingnuts come to be?

Jack: It started as a bunch of different people coming together. Mr. Burritt really helped bring us together. We got a couple of guitarists, a bass player, a keyboard player, and a drummer. We did a couple of songs and found we played really well together.

Mr. Burritt: Ever since I was hired here, it has always been sort of a dream of mine that there would be a band like this, whether it was two boys, three boys, or boys and faculty, and I didn't matter if it was a rock and roll band. I just wanted it to happen. When we started we didn't know if we were going to be a rock and roll band or something else. We really didn't know anything. It was solely an idea, a notion that we just wanted let evolve. I think it has come out really good.

Why is this dynamic, why is getting together important?

Jimmy: I think everyone had their own passions and we found that we had the same passion to form a band. We all had similar passions and similar dreams.

Harry: There are some many things that you can do with a band than just yourself. I think that is the most valuable values that we have here. It is just music that brings us together.

Mr. Burritt: The thing that has amazed all of us is that the really talented guy in the band is the keyboard player, the rest of us are still learning our instruments and we are way more as a band than as individuals. Our collective part is way greater than our individual parts and that has really surprised us. Also, it has created a sense of equality because we all bring something to the table and we wouldn't be a band with one of us



Jimmy Wu and the Wingnuts preparing for the Spring Concert

Photo | Verbatim

created a sense of equality because we all bring something to the table and we wouldn't be a band with one of us missing.

All of you put a lot of hard work and dedication into your rehearsals and music, what drives you?

Jack: If you want to do this, you find the time. It's not something that's homework or required. We wouldn't be here if we didn't want to. For example, on Thursday Sleep-Ins we get up early to all practice as a band. I really like being a part of the band, so losing sleeping time on a Thursday doesn't seem as big of a deal as waking up to do something that I don't love.

Mr. Burritt: The Band is the most exciting thing that I do every day. I love what I do in the shop but this is it. It is something that I get out of bed for. Also, that we all come to the table as musicians and the fact that we are never satisfied really drives us to make our performances perfect.

Jimmy: We all like it and we are willing to sacrifice our free time to do it.

Harry: All of us just love music, so we come together as a band and share that passion.

Hung: We all put a lot of time into the band because we want it to succeed.

What has been the hardest hurdle to overcome?

Mr. Burritt: It is so hard to get everyone together at the same time. Sometimes we don't all get to practice together. We put the time on the calendar and we don't always get to show up, but say only Hung and I show up then we practice our parts and we figure out how we are going to do a harmony together.

How did the Band get its name?

Jack: It was kind of a last-minute thing. When the talent show people were asking for our name Mr. Burritt shot around a few names on an email string. All sort of a Random: Jimmy Wu and the Space Rats, Jimmy Wu and the White Monkeys and then Jimmy Wu and the Wingnuts. We all decided we liked Wingnuts and since Jimmy was our lead singer we named it after him.

Mr. Burritt: One thing. Jimmy did not want the band to be named after him, but we all said that we did, so we did it anyway.

One last Question, what can we expect for the Spring Concert?

Jimmy: It is a surprise, so we cannot say.

Culture

Caffeinated Cardigan: Why Cardigan is So Tired

Ari Sloan '19
Managing Editor

This week the Verbatim team traveled to PEAKS to interview Mrs. Brondel on sleep deprivation and lack of energy throughout the community. Being a teacher who teaches first and last period, she was the perfect candidate for an article this week. **"1st period they tend to need an extra effort to wake up and be engaged. They do tend to have some energy to do breakfast before."** By the time of 7:55 students are recovering from their morning meal and are slowly waking up and transitioning to a focused attitude. **"6th period the exhaustion manifests itself completely differently into hyperactivity."** Students during sixth period could be hungry, or just completely awake and out of control. We are not seeing the lack of energy full time, it is only present for the first period and occasionally to morning break. With the 9th graders having coffee privileges they still suffer from the lack energy in the first part of the morning. With only a portion of 9th graders actually consuming the drink, we are still seeing sleep deprived students in the grade, and in the other grades.

STUDENTS AND FACULTY

"Personally, I think that we need to have sleep-ins on Thursdays for every trimester. Either that or Cardigan needs to figure out a way so that all breakfasts are buffet style meals so that we get the chance to sleep in more every day".

- Paul Scull

"I have felt like: every time I go home from work, I need to take a nap, if its only 20 minutes"

- Mrs. Clark

"After practice, I need time to relax and in Cardigan we have such a busy schedule I feel like that extra day of school really takes an effect on me."

- Inaki Arranz

"It's the same thing every day, of course I'm tired. I wish we could change up the periods, not the content but maybe the order of the periods."

- Ernesto Vega

"Driving back and forth to practice, driving back and forth to Deerfield, back and forth to Plymouth. All of those moments are tiring."

- Mr. Frost

"Yes, I feel pretty exhausted, because we have a lot of homework and they don't know how to spread it out. We have all of our projects in one week instead of spreading it out across a month."

- Tadeas Bezdek



For Submissions, Questions and Corrections:
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*Verbatim Corrections:
Staff misspelled Affect vs. Effect.*